

Hospital Integrative Herbal Oncology Program

Hospital-based Integrative Medicine providers (MD, NP, PA and not L.Ac.) counsel patients about unmet symptom needs and prescribe evidence-informed Traditional Chinese Medicine (TCM) after taking into consideration the clinical context, patient preference and research evidence.

Traditional Chinese herbal medicine serves as a complementary approach within integrative oncology to support symptom management, enhance quality of life, and mitigate treatment-related side effects. It does not replace conventional therapy or FDA-approved cancer treatments.

The following "purported uses" have not been evaluated by the FDA.

Ban Xia Bai Zhu Tian Ma Tang	headache ¹	dizziness ²		
Ban Xia Xie Xin Tang	GERD ³	dyspepsia ⁴	gastritis ⁴	oral mucositis ⁵
Bao He Wan	indigestion ⁶	nausea ⁶	diarrhea ⁶	constipation ⁶
Bu Zhong Yi Qi Tang	fatigue ⁷	weakness ⁷	immunity ⁷	wound healing ⁸
Chai Hu Shu Gan Tang	anxiety ⁹	depression ⁹		
Dang Gui Bu Xue Tang	menopause ¹⁰⁻¹¹	immunity ¹²	myelosuppression ¹³	
Ge Gen Huang Qin Huang Lian Tang	diarrhea ¹⁴⁻¹⁶	ulcerative colitis ¹⁷		diabetes mellitus ¹⁸⁻²²
Gui Pi Tang	insomnia ²³⁻²⁴	mood/anxiety ²⁵		
Huang Qi Wu Wu Tang	neuropathy ²⁶⁻²⁸	chemo-induced	peripheral neuropathy (CIPN) ²⁹⁻³¹	
Ling Gui Zhu Gan Tang	arrhythmia ³²	dizziness/vertigo ³³		
Liu Wei Di Huang Wan	diabetes ³⁴	hypertension ³⁵	chronic fatigue ³⁶	
- Zhi Bai Di Huang Wan	hot flashes ³⁷			
Ma Zi Ren Wan	constipation ³⁸			
Sha Shen Mai Men Dong Tang	dry cough ³⁹	dry mouth ⁴⁰		
Shen Ling Bai Zhu San	chronic diarrhea ⁴¹			
Sheng Mai Yin	fatigue ⁴²	cardio disease ⁴³		
Suan Zao Ren Tang	insomnia ⁴⁴	anxiety ⁴⁵		
Tian Wang Bu Xin Dan	insomnia ⁴⁶	palpitations ⁴⁷		
Wen Dan Tang	insomnia ⁴⁸	anxiety ⁴⁹		
Xiang Sha Liu Jun Zi Tang	indigestion/vomiting ⁵⁰		gastritis ⁵¹	
Xiao Yao San	depression ⁵²	anxiety ⁵³	stress ⁵⁴	
- Jia Wei Xiao Yao San	climacteric syndrome ⁵⁵			
Yu Ping Feng San	allergic rhinitis ⁵⁶	COPD ⁵⁷	asthma ⁵⁸	
Zhi Sou San	cough ⁵⁹	asthma ⁶⁰	COPD ⁶¹	

Conclusion:

TCM herbal medicines can be safely and effectively integrated into modern conventional cancer care.

Integrating herbal medicine into oncology care delivery

<https://pmc.ncbi.nlm.nih.gov/articles/PMC9860233/>

Comprehensive Integrative Oncology

<https://shop.elsevier.com/books/comprehensive-integrative-oncology/zick/978-0-443-30194-0>

MSKCC: About Herbs

<https://www.mskcc.org/cancer-care/diagnosis-treatment/symptom-management/integrative-medicine/herbs>

Questions or Comments please call: 646-608-8555 or email: AboutHerbs@mskcc.org

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